# **Te Kura Supervisor Newsletter**

## Years 1 to 10 and Special Education

## 2016 Term 2

# Editor's letter

#### Welcome Supervisors

It is term two and your students should be settled into a routine of learning. If anyone is having problems please don't hesitate to contact Adele Harris, Te Kura's Supervisor Support Advisor, for advice. You will find her details on page four.

Most students will be doing at least some online learning and should be aware of the importance of taking regular breaks from the computer screen. On page two we have some advice to avoid straining those precious eyes.

It is pleasing to see that supervisors are enrolling in the teacher aide certificate. I am currently assisting two supervisors who are doing well so far. If anyone else wishes to pursue this worthwhile level 4 certificate, then know that you will be supported by Adele and me.

Remember to supply Te Kura with your banking details so that your 'Student support payment' can be paid in July.

Enjoy your role as a supervisor.

Cheers

# Dianne

Tell me and I forget. Teach me and I remember. Involve me and I learn. ~ Benjamin Franklin Issue 20

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We want to hear from you so email your contributions or questions to us with the subject title: *Supervisor Newsletter* 

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#### TE KURA LIBRARY



Did you know that our library services are available to parents, supervisors, full-time students, early childhood students and young adult students living in NZ?

The library is open Monday to Friday from 8.30am to 4.30pm, including school holidays. It is closed on weekends, public holidays and between Christmas and New Year.

The books range from picture books to nonfiction, magazines and audio books, as well as DVDs. Whether it is for pleasure or a project, there is something to suit all needs. Supervisors can also borrow books to help with their students' learning.

#### Library contacts:

Phone: 0800 65 99 88, ext 8783 or 8502 Email: library@tekura.school.nz Website: http://www.tekura.school.nz/ Login to gain quick access to explore the exciting new library site.



# **TEACHER AIDE** CERTIFICATE

Don't forget, supervisors of full-time students are able to complete the OP4100 Certificate in Teacher Aiding. You can complete the tasks within the course while supervising your student in their daily work at significantly reduced fees.

Contact Adele for more information: Ph 0800 65 99 88 ext 8244 adele.harris@tekura.school.nz

### TECHNOLOGY

## Here's how often you should look away from your computer screen

When your student is working on a computer for extended periods of time it can be a huge strain on the eyes. It is imperative that they look away from the screen every 20 minutes or so for a distance of at least five metres or more. The eyes should linger on a target for about 20 seconds to allow the ciliary muscle to relax and uncramp. Doing this exercise will also allow time for your student to sit upright and the spine to straighten.

minutes

seconds

Every 20 A Take a break for 20 A Look at an obiect five metres away

Learn more here: Stuff.co.nz/technology



## MĀORI RESOURCES

There are five vowels and ten consonants in the Māori alphabet. Below is a link to the Māori Language Commission website where you can hear how to pronounce the Māori alphabet correctly. You can download the MP3 files and add them to your resources.

Whakahuatanga: Pronunciation



# Make Your Own Dream Catcher



Originally from the Ojibwe people of North America, dream catchers are meant to trap bad dreams while letting the good dreams through. When the sun rises in the morning the bad dreams disappear.

### This is what you need:

- a hoop
- wool, embroidery thread and/or thin ribbon
- beads
- feathers.

You can buy a hoop from a craft shop or make one yourself

### This is what you need to make the hoop yourself:

- a wire coathanger
- wire cutters
- strong tape.

### Ask an adult to help you when making the hoop.

- Cut a length of wire from the coathanger
- Bend it into a hoop
- Tape the overlapping ends firmly.

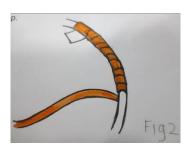




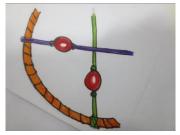
## Making Your Dream Catcher

- Tape the end of the wool or thin ribbon firmly to the hoop. Wind it tightly around the wire until it is covered. Tie it in a tight knot so that it won't unravel.
- Knot some more wool, thread or ribbon onto the covered hoop and pull it tightly to a point about a third of the way around the hoop. Knot it, then continue working the thread around the hoop, adding some beads as you go.
- Add beads by knotting the thread, slipping the bead on, then tying another knot to hold the bead in place.
- You can change the thread colours as you go.
- Add some hanging beads and feathers to the base of your dream catcher and make a loop at the top to hang it by.
- Hang the dream catcher above your bed and sleep well!









# Hello from Adele ...

#### Kia ora and welcome!



### Craft Club

Fran from Akaroa has knitted a great hat and scarf before our chilly winter arrives. Fran spotted details for Te Kura's Craft Club on our website and contacted Joy Penney for ideas. If you would like further details about our clubs go to www.tekura.school.nz/student-toolkit/clubs-and-events/

#### Matariki

"The rising of the star constellation known as Matariki is an important time in the Māori calendar. It heralds in the Māori New Year, which is a time to connect with, and give thanks to the land, sea and sky." Auckland Council, <u>www.matarikifestival.org.nz/</u>

Matariki will be celebrated from 6 June this year. Many families and communities around New Zealand will be marking this date on their calendar and making time celebrate Māori New Year with family, friends or as a community. Keep an eye out for festivities near you or create your own tradition. Find out more about Matariki:

<u>www.mch.govt.nz/nz-identity-heritage/matariki</u> <u>www.kiwifamilies.co.nz/articles/matariki-maori-new-year/</u> www.tepapa.govt.nz/learn/for-educators/teaching-resources/matariki-classroom-resources

#### Māori Language Week

Monday 4 - 10 July <u>http://nzcurriculum.tki.org.nz/Curriculum-</u> <u>resources/National-events-and-the-</u> <u>NZC/Maori-language-Week</u> Be prepared and check this site regularly for ideas for your students.

Whāngaia ka tupu, ka puāwa. That which is nurtured, blossoms and grows.



Contact Adele Harris, ph 0800 65 99 88 ext 8244 adele.harris@tekura.school.nz

This newsletter for supervisors was written by supervisors of Te Kura students. The views expressed in this newsletter are those of the supervisors who contributed to it.